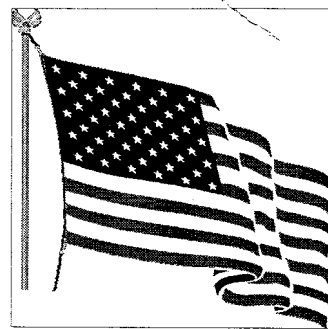




COON VALLEY AMERICAN LEGION POST 116



July 2009

VOLUME 5 ISSUE 1

Commander's Message:

I would like to thank all of the Coon Valley American Legion members for electing me as your Commander. It is truly an honor to represent this great Post.

The new membership cards have been received by the Post. See Adjutant Charlie at the July meeting if you wish to pay your dues. I would like to encourage everyone to help us out and purchase a \$5.00 County Legion Raffle ticket, we have 90 of these to sell before August 3. Also, the Coon Valley S.A.L. Squadron is hosting their annual Brewer/American Legion All-Star game bus trip on August 16. Let's show them our support!

Mike Miller
Commander Post 116



July 15th	Regular Post Meeting, 7:30pm
July 23rd-26th	Lunch Committee: Orlin Clark & Evelyn Williams
August 3rd	Wisconsin Department Convention - Wyndham Hotel, Milwaukee
August 3rd	Executive Committee Meeting, 6:30pm
August 3rd	Vernon County Meeting - Westby 8:00 pm
August 5th	Auxiliary Meeting, 7:00pm
August 16th	S.A.L Annual Bus Trip to the Milwaukee Brewers/Legion All-Star Game
August 19th	Regular Post Meeting, 7:30pm
September 2nd	Lunch Committee:
September 7th	Auxiliary Meeting, 7:00pm
September 9th	Executive Committee Meeting, 6:30pm
September 9th	Vernon County Meeting - Hillsboro 8:00 pm
September 12th	State American Legion Golf Tournament—Fox Hollow Golf Course

JULY

2009-2010

Deceased Comrades



**COON VALLEY
AMERICAN LEGION
POST 116**

Commander: Mike Miller
(608) 452-3787
Adjutant: Charles Nelson
(608) 452-3018

Post 116 Newsletter is published monthly as a service to our members. If you wish to submit an article for a future edition, please contact:
Charles Nelson
(608) 452-3018
for more information.

Mailing Address:
Coon Valley American Legion
Post 116
PO Box 314
Coon Valley, WI 54623
Phone Contacts:
Legion: (608) 452-3179

Membership Totals to Date

2010 Paid Membership - ??

2010 Membership Goal - 222

On the web:

www.coonvalleywialpost116.org

Webmaster - Don Salter: dwsalter@gmail.com

From the Adjutant's Desk:

Home Remedies

You'll be amazed at how simple these home remedies are!

- Avoid cutting yourself when slicing vegetables by getting someone else to hold the vegetables while you chop.
- Avoid arguments with females about lifting the toilet seat – use the sink.
- For high-blood pressure sufferers: Simply cut yourself and bleed for a few minutes, thus reducing the pressure on your veins. Remember to use a timer.
- A mouse trap placed on top of your alarm clock will prevent you from rolling over and going back to sleep after you hit the snooze button.
- If you have a bad cough, take a large dose of laxatives. You won't dare cough.
- You only need two tools in life – WD-40 and duct tape. If it doesn't move and should, use the WD-40. If it shouldn't move and does, use the duct tape.
- If you can't fix it with a hammer, you've got an electrical problem.



BUCKET

Larry
Torgerson
Present

July
Drawing will be:
\$10.00

50/50 -
DRAWING
Charles Nelson

* The Legions portion of the drawing is put towards the building fund



Message from S.A.L. Commander Brad Role:

The next SAL meeting will be held on Wednesday, July 15th immediately following the Legion meeting.

The annual Brewer and Legion All-Star Game bus trip is scheduled for Sunday August 16th.

We should discuss ideas to get the younger SAL members more active in our meetings. Possibly have a meeting at an earlier time on a different night. Come with any ideas!



Message from Auxiliary President Annette Ihle:

The next meeting is August 5 at 7:00pm. Pot Luck.

Let's have a good turnout. We have some important things to discuss.

One thing is maybe having a meeting every other month. Or if someone has something better to get more members to the meeting.

Also, dues will be coming up. The dues are \$18.00 this year. State raised the dues. You can send them to Julie Nelson Grethel, 131 Hoff Ln., Coon Valley, WI 54623.

Vernon County American Legion

County tickets are available. They are \$5.00 each. The prizes given away each meeting are 1st prize - \$50, 2nd prize - \$25, 3rd Prize - \$25, 4th Prize - \$15, and 5th Prize - \$10. Drawings will be held at each of the eight County Meetings.

August - 1st Monday - Westby

September - 2nd Wednesday - Hillsboro

October - 3rd Tuesday - Stoddard

January - 2nd Thursday - Viroqua

March - 3rd Thursday - Coon Valley

April - 4th Monday - Ontario

May - 4th Wednesday - Chaseburg

June - 2nd Tuesday - Genoa

See Commander Mike Miller if you can help sell tickets or wish to purchase a ticket.

Vernon County American Legion Membership Statistics

Post	Location	High Members	Year of High Members	2006 Members	2007 Members	2008 Members	2009 Members
116	Coon Valley	222	2007	221	222	218	222
138	Viroqua	363	1947	120	113	99	94
155	Westby	334	1954	214	200	176	170
202	Chaseburg	89	1952	74	74	74	74
223	Hillsboro	72	2009	66	70	71	72
246	Genoa	126	1962	109	99	92	99
315	Stoddard	191	1969	97	92	86	84
467	Ontario	139	1991	77	77	77	77

2009 Wisconsin American Legion State Convention - Milwaukee - July 23-26

The Annual State American Legion Convention will take place in Milwaukee, Wisconsin July 23-26, 2009. We are allowed four delegates that will have the rights to vote at the convention. Although we are only allowed four delegates, anyone is welcome to attend and participate in convention meetings and activities.

Midwest Scenic Bike Tour

The Midwest Scenic Bike Tour was once again very successful! Thanks to everyone who was able to come and help! Although the number of participants was down, many of them took in the Monday afternoon dinner and Tuesday morning breakfast that we served.

S.A.L Annual Bus Trip to the Milwaukee Brewers/Legion All-Star Game - Sunday, August 16th

The Coon Valley S.A.L. Squadron is once again planning their annual bus trip to see the Milwaukee Brewers and the American Legion All-Star game at Miller Park in Milwaukee. Westby American Legion baseball player, Kyle Servais, will be playing for the All-Stars. There are 50 tickets available for sale and they are available now. See an S.A.L. member at the next meeting or give one of them a call if you would like to purchase one.

Membership

Everyone should have received their membership renewal notices in the mail and that begins our yearly quest to obtain 100% membership. Our goal this year is 222 paid memberships and we would love to get there by the end of 2009. Please get your membership renewal sent in as soon as possible.

County Dairy Breakfasts

The Coon Valley American Legion was well represented at this years La Crosse County and Vernon County Dairy breakfasts. Our Post presented Colors for both of these events. Thanks to the members who made this possible.

Bathroom Sinks—Remember to take a look at the new sinks in the older bathrooms and thank the Commander for installing them for the Post.



THE AMERICAN LEGION
 COON VALLEY POST No. 116
 PO BOX 314
 COON VALLEY, WI 54623-0314

U.S. Postage
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 Permit No. 10

ADDRESS SERVICE REQUESTED

Donald Salter
 N1006 County Road M
 Coon Valley WI 54623

2009 Department of Wisconsin American Legion State Golf Tournament

The 2009 State Golf Tournament will be held Saturday, September 12 at Fox Hollow Golf Course in Barre Mills. The event is sponsored by Berg-Hemker-Olson Post 51 West Salem (608) 786-0051. The entry fee for this year's tournament is \$65/person for 18 holes of golf, cart, noon lunch (hamburger or brat, beans, chips, and soda), evening dinner (Chicken and tips, mashed potatoes, dressing, vegetable, coleslaw, rolls, coffee, milk and dessert served family style. Extra dinner tickets available for \$15/person) and prizes. There will be four people on a team and Scramble Rules will apply. Shotgun start approximately 7:30 a.m. and 12:30 p.m. with shift availability first-come, first served. Special events will consist of closest to U.S. Flag, closest to pin, longest drive, closest to pin in two, and others. The event is open to all Wisconsin Legion and S.A.L. members in good standing.

Coon Valley American Legion Apparel

The Post recently placed an order for several polo shirts with the American Legion symbol and the Post data above the front pocket. We placed an order for the members who expressed interest at the last meeting and also ordered a few extras for anyone interested. They should arrive within the next couple of weeks and will cost somewhere in the range of \$36 to \$40.

Post #116 Serving Committee

Thanks to everyone who volunteered to serve the meals throughout the last membership year. The Adjutant could use help preparing a schedule for the next membership year. This is what I tentatively have. Let Charlie know who can fill in the open months and if anyone needs a change.

- | | | |
|----------------------------------|-------------------------------|----------------------------|
| January - Cox, Hoff, Cary, Banta | May - K. Kammel & R. Roesler | September - Roger Mathison |
| February - R. Miller & M. Miller | June - Officer's | October - Fishin' Crew |
| March - Auxiliary | July - O. Clark & E. Williams | November - S.A.L. |
| April - R. Starkey & C. Lind | August - | December - |